

P. Michen

Krebs im Kindesalter. Psychosozialer Ansatz von Bewegungstherapie

Studienarbeit

Krebs Kindesalter Psychosozialer Ansatz Bewegungstherapie

P. Michen

A decorative graphic element consisting of a light blue horizontal bar with a rounded right end, and a red circular shape with a gradient, partially overlapping the bar's end.

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Krebs im Kindesalter. Psychosozialer Ansatz von Bewegungstherapie P. Michen, 2015-05-05 Studienarbeit aus dem Jahr 2007 im Fachbereich Sport Sportmedizin Therapie Ernährung Note 1,0 Deutsche Sporthochschule Köln Sprache Deutsch

Abstract Ihr Kind hat Krebs ein Satz der Erschütterung Hilflosigkeit und Todesangste bei den Eltern auslöst Unter der Bezeichnung Krebs wird eine ganze Reihe von Erkrankungen zusammengefasst die sehr verschiedene Symptome und Verläufe haben können Eins verbindet sie Der Oberbegriff Krebs ist auch heute noch wie kein anderer mit Angst Hilflosigkeit und Verzweiflung verknüpft Jährlich erkranken ca 1800 Kinder bei einer Bevölkerungszahl von 13 Millionen unter 15 Jährigen an Krebs Es ergibt sich eine Anzahl der Neuerkrankungen von 14 pro 100 000 Kinder Die häufigsten Krankheitsbilder bei Kindern sind Leukämie das Blutkrebs die Zentrale Nervensystem Tumore somit Gehirn und Rückenmark und Lymphome Lymphknotenkrebs vgl Bertz et al 2006 S 100 Durch Fortschritte der Medizintechnik der Forschung und Therapiemaßnahmen haben sich die Überlebensraten deutlich verbessert Die Heilungschancen liegen heute 5 Jahre nach Diagnosestellung bei 80% und nach 10 Jahren bei 77% vgl Bertz et al 2006 S 100 Auch wenn die Heilungsraten für sich sprechen und die Behandlungsmethoden sich in den letzten Jahren verbessert haben ist die Bewältigung der Krankheit und Therapie mit ihren Nebenwirkungen eine große Herausforderung für das erkrankte Kind und sein familiäres Umfeld Die psychische und körperliche Belastung kann einschlagende Auswirkungen auf die Entwicklung des Kindes sowie auf die Lebensqualität haben vgl Calaminus 2003 S 6 Folgendermaßen richtet sich das Hauptmerkmal bei Krebs erkrankten Kindern nicht mehr nur auf den medizinischen Eingriff sondern zusätzlich auch auf seine psychosoziale Situation In diesem Zusammenhang bietet sich das Medium Bewegung an Durch das Medium Bewegung wird das Kind in seiner Entwicklung und Krankheitsbewältigung unterstützt und gefördert und die kindeigenen Gesundheitsressourcen gestärkt Kopf 2005 S 166 Der Augenschein dieser Arbeit soll auf die psychosozialen Aspekte von Therapiemaßnahmen insbesondere auf die der Bewegungstherapie und ihre Folgen für die Entwicklung und Lebensqualität der Kinder während einer Krebserkrankung fallen Theorie und Praxis der psychosozialen Nachsorge der Österreichischen Kinder-Krebs-Hilfe Österreichische Kinder-Krebs-Hilfe, 2013

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