

The background of the image is the cover of the book 'Bikini Body Guide' by Kayla Itsines. It features a woman in a grey sports bra and leggings running on a path. The title 'bikini BODY guide' is at the top in white and teal. A pink oval logo with 'KAYLA ITSINES' and 'BIKINI BODY GUIDE' is on the left. A large white circle in the center contains the text 'TIME TO PERSONALIZE IT!'. A pink banner at the bottom reads 'My Rays of Sunshine'.

bikini
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**KAYLA
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BIKINI BODY GUIDE

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My Rays of Sunshine

Kayla Bikini Body Guide

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